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ALL JOY. PEACE IN BELIEVING. ABOUNDING IN HOPE.

Paranoid Personality Disorder Overview

Links

[Paranoid Personality Disorder \(PPD\): Symptoms & Treatment](#)

[Paranoid Personality Disorder \(PPD\) - HelpGuide.org](#)

[Paranoid Personality Disorder | Psychology Today](#)

[What Is Paranoid Personality Disorder?](#)

Two types:

Paranoid-

- *Suspects without adequate justification
- *Consumed with unwarranted doubts about loyalty
- *Extremely hesitant to confide
- *Finds hidden, degrading messages in others' comments

Paranoid- Fanatic –

- *Grandiose beliefs supported by irrational evidence
- *Puts on airs of superiority
- *shows contempt and arrogance toward others
- *verbalizes belief that others envy him/her

Treatment –

- *increase value of others and trust of their judgement
- *decrease arrogant attitudes
- *Eliminate grandiose beliefs

Paranoid- Malignant –

- *Prone to persecutory beliefs
- *Fantasizes about taken revenge to perceived wrongs
- *is callous, belligerent, tyrannical and intimidating
- *vents hostility primarily in fantasy

Treatment –

- *let go of distorted suspicious beliefs and replace with reasonable reality based beliefs
- *Reduce belligerent tyrannical behavior
- *express anger in healthy manner
- *Eliminate desires for revenge

Notes:

- *Typical Marriage pairings for Avoidant is: Dependent, Avoidant, Histrionic
- * Easily jealous
- * Feels others are “out to get” him or her
- * Secretive, keeping many things to his or her self
- * Pervasively suspicious
- *Differential – Paranoid PD
 - *Schizotypal: Absence of magical thinking
 - *Schizoid: Not aloof or disinterested
 - *Avoidant: Reluctance is due to distrust, not fear of being embarrassed or inadequate

Key Reminders

- *Cluster A – Odd or eccentric disorders (Paranoid, Schizoid, Scizotypal)

Resources

- *Recommend “The Personality Disorders” Treatment Planner – Wiley – 2nd Ed.
 - *Michael Nash – Personality Disorders training.
 - *3-Day Personality Disorders Course Advanced Diagnosis, Treatment & Management Gregory W. Lester, Ph.D.
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*Cluster A – Autonomous – (Teacher-Student) Not good with empathy

*Cluster B – Poorly Formed – Increase safety for them to admit

*Cluster C – Inadequate or incompetent – Journaling – attend to the world outside of themselves and facts about the world