

# Kelly Saylor

Counseling & Consulting Services

ALL JOY. PEACE IN BELIEVING. ABOUNDING IN HOPE.

## **Antisocial Personality Disorder Overview**

### **Links**

[Antisocial Personality Disorder: Dealing with a Sociopath \(helpguide.org\)](http://helpguide.org)

[Antisocial Personality Disorder \(ASPD\): Symptoms & Treatment \(clevelandclinic.org\)](http://clevelandclinic.org)

[Antisocial personality disorder - NHS \(www.nhs.uk\)](http://www.nhs.uk)

[Psychiatry.org - Antisocial Personality Disorder: Often Overlooked and Untreated](http://Psychiatry.org)

### **Interesting Facts**

Psychopaths have reduced gray matter in frontal lobes

Perform more poorly on tests of frontal lobe functioning

These findings are supportive of a key role for impulsivity in psychopathy

### **Treatment Plan Goals**

#### **Antisocial**

Increased sensitivity to needs of others

Improve impulse control and reduce reckless behavior

Decrease excessive behavior or irritability

#### **Antisocial/Malevolent**

Reduce hostile and abusive behavior

Maintain lawful and responsible behavior

Tolerate authority appropriately

### **Overview for diagnosis (must have 4): (Predatory)**

[Psychiatry.org - Antisocial Personality Disorder: Often Overlooked and Untreated](http://Psychiatry.org)

### **Antisocial Personality Disorder**

In order to be diagnosed with antisocial personality disorder, an individual must show a continuing pattern of disregard for and violation of the rights of others, occurring since age 15 years, with three (or more) of the following:

1. Failure to conform to laws and social norms (repeatedly breaking laws).
2. Deceitfulness (repeated lying or conning others for personal profit or pleasure).
3. Impulsivity or failure to plan ahead.
4. Irritability and aggressiveness (repeated physical fights or assaults).
5. Reckless disregard for safety of self or others.
6. Consistent irresponsibility (repeated failure to sustain consistent work behavior or honor financial obligations).
7. Lack of remorse (being indifferent to having hurt, mistreated, or stolen from another).

In addition, the individual must be at least age 18 years and there must be evidence of conduct disorder before age 15 years. Lack of remorse (being indifferent to having hurt, mistreated, or stolen from another).

### **Key Reminders**

- \*Cluster B – with Antisocial, Borderline, Narcissistic, Histrionic
- \*Cluster B- focus on increasing safety for them to admit the behavior

### **Resources**

- \*Recommend “The Personality Disorders” Treatment Planner – Wiley – 2<sup>nd</sup> Ed.
- \*Michael Nash – Personality Disorders training.

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### **\*Next month Avoidant Personality Disorder (Cluster C)**

- \*Cluster A – Autonomous – (Teacher-Student) Not good with empathy
- \*Cluster B – Poorly Formed – Increase safety for them to admit
- \*Cluster C – Inadequate or incompetent – Journaling – attend to the world outside of themselves and facts about the world